

## **Lesley Watt**

Lesley is a professional and experienced trainer, coach and consultant who specializes in Coaching, Interpersonal Effectiveness Development and Inner Self Development. She has over twenty years' experience in the field of people and management development gained from companies covering semi-public and commercial operations in Hong Kong. These include retail, banking, manufacturing, telecommunication, health care and government departments.

Lesley is well experienced in implementing projects relating to management development to support organisations in achieving business results. At the same time, she is committed to helping individuals identify and project the best image, focusing on outer appearance management, civility development and inner-self development, to reflect professionalism and individuality from the inside out.

Lesley holds a BA degree from the University of Hong Kong, a Diploma in Training Management from the Chinese University of Hong Kong and a Professional Certificate in Image Consultancy from LiPACE, The Open University of Hong Kong. Regarding professional accreditation, she is a Certified Social Style Model™ Master Trainer, a Certified NLP Practitioner, Accredited Administrator of MBTI®, Accredited Administrator of DISC®, Certified Trainer of The Coaching Clinic® (Corporate Coach U International), Graduate of The Corporate Coaching Programme (Corporate Coach U International), Development Adviser and Summative Assessor awarded by the University of Oxford Delegacy of Local Examinations for the National Vocational Qualifications in management. She is FLC certified with the Association of Image Consultants International.

## 屈麗嫻

屈女士為資深的培訓導師、教練及顧問，專長於教練指導、人際關係效能發展及個人深層發展，擁有超過二十年的相關工作經驗。她曾任職香港不同機構，包括政府資助及商業機構，專責人力資源、管理培訓及發展工作，亦曾為不同機構提供顧問服務及培訓，包括零售業、銀行、製造業、電訊、醫療及政府部門。

屈女士具有豐富培訓經驗，對機構而言，能協助他們實踐達到商業成效之管理發展及培訓專案，就個人發展方面，她致力協助個人從整全方向建立及投射自我最好的形象：包括外圍形象改善、溝通及禮儀、個人深層發展，由內至外反映其專業及個人優點。

屈女士持香港大學文學士學位、香港中文大學培訓管理文憑及香港公開大學李嘉誠專業進修學院形象顧問專業證書，她取得的認可專業資格包括待人處事風格模型（Social Style Model™）高級認可導師、身心語言程式學（Neuro Linguistic Programming）執行師、邁爾斯·布裏格斯性格分類（Myers-Briggs Type Indicator®）認可導師、DISC® 認可導師、Coaching Clinic®（Corporate Coach U International）認可導師、The Corporate Coaching Programme（Corporate Coach U International）畢業生、英國牛津大學地方考試委員會管理發展導師及評核員專業資格、國際形象顧問協會（Association of Image Consultants International）認證的 First Level Certification.